

MASTERS TRACK – March/April 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			30 PRACTICE @ RESURRECTION 3:30-5:00 pm	31 PRACTICE @ RESURRECTION 3:30-5:00 pm	1	2
3	4	5	6 PRACTICE @ RESURRECTION 3:30-5:00 pm	7 PRACTICE @ RESURRECTION 3:30-5:00 pm	8	9
10	11 PRACTICE AT EAST HIGH SCHOOL 3:30-5:00 pm	12	13 MEET @ Southwest HS 4:30pm start	14 PRACTICE @ RESURRECTION 3:30-5:00pm	15	16
17	18 MEET @ West HS 4:00pm start RIBBON MEET	19	20 MEET @ East DePere HS 4:30pm start	21	22	23
24	25 5 th and 6 th Graders only MEET @ West HS 4:30pm start	26	27 PRACTICE @ RESURRECTION 3:30-5:00pm	28 INVITATIONAL MEET @ Notre Dame HS 4:00pm start <i>(limited entries)</i>	29 MEET @ West DePere HS 4:00pm start RIBBON MEET	30

MASTERS TRACK - May 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 PRACTICE @ Resurrection 3:30-5:00pm	3 RELAY MEET @ Southwest HS 4:00pm start <i>(limited entries)</i>	4	5 MEET @ West HS 4:00pm start	6	7
8	9 MEET @ East DePere HS 4:00pm start RIBBON MEET	10 MEET @ Notre Dame HS 5:00pm start	11	12 PRACTICE @ Resurrection 3:30-4:30pm	13	14
15	16 CHAMPIONSHIP MEET @ East DePere HS 4:30pm start <i>(limited entries)</i>	17 PENTATHLON MEET @ West DePere HS 4:00pm start <i>(see explanation)</i>	18 END OF SEASON PARTY @ Resurrection Ribbons & pizza 3:30-5:00pm	19	20	21

LEGEND:

- All “Open” Meets are shaded – all members of the track team are expected to participate. If there are family conflicts, please notify the coach in advance.
- Each team is only allowed to participate in 10 meets and the Pentathlon. The meet on April 25th is for 5th and 6th graders only. This provides another opportunity for many of them who will most likely not compete in the “limited entry” meets.
- “Limited Entries” - each team is only allowed to enter 2 boys and 2 girls for each event. The coach will make entries based on performance times and attitude. Only one team of girls and boys for each event can be entered at the Relay Meet. All “Limited Entry” meets are ribbon meets.
- “Ribbon Meets” – all members of the track team who place will earn ribbons at these meets.
- The Pentathlon meet is a special meet only for those interested. All participants must perform in 5 events – 65m hurdles, long jump, shot, 100m sprint, and 800m run. More information will be forwarded later.
- All ribbons earned for the season will be distributed at the End of Season Party on May 18th.